



Minimally-Invasive Treatments

of the

THYROID



MITT
2025

present and future
of thyroid ablation

MENTON FRANCE

6-7 FEBRUARY 2025

Palais de l'Europe

Minimally Invasive Thyroid Treatments (MITT) are reaching an increasingly important role in the management of patients with benign and malignant thyroid diseases.

The MITT group has been founded in 2018 to promote multidisciplinary partnership among physicians with different expertise who share the interest in MITT and to improve the clinical, diagnostic, and therapeutic management of benign and malignant thyroid and parathyroid glands diseases.

For the proper application of MITT, a deep knowledge of thyroid US technique and exam execution and interpretation are of paramount importance. For this reason, before the 2025 MITT meeting a full morning will be dedicated to a thyroid US ultrasound, where all the crucial aspects related to MITT will be presented and discussed.

Then, during the 2025 MITT meeting, the present guidelines on both benign and malignant thyroid disease management will be presented, together with the most widely used technologies used for ablation. Also, the most updated evidence on the application of MITT in benign and malignant thyroid conditions will be presented and discussed.

Furthermore, a series of real-life clinical cases will be presented and discussed between the expert panel and the participants.

During the whole meeting and at the end of the second day hands-on workshops will be available for those who will want to try the different available technologies and techniques on dedicated phantoms.

Minimally-Invasive Treatments
of the
THYROID
MITT 2025 present and future
of thyroid ablation

With the collaboration of:



SCIENTIFIC COMMITTEE

Stella Bernardi , Trieste - IT	Enrico Papini , Albano Laziale, RM - IT
Edouard Ghanassia , Sete - FR	Luca Maria Sconfienza , Milan - IT
Giovanni Mauri , Milan - IT	Luigi Solbiati , Milan - IT
Hervé Monpeyssen , Paris - FR	Stefano Spiezia , Naples - IT

FACULTY

Giovanni Antonelli, Naples - IT
Stella Bernardi, Trieste - IT
Jean-Michael Correas, Paris - FR
Izabella Costa Santos, Rio De Janeiro - BR
Pál Ákos Deák, Budapest - HU
Maurilio Deandrea, Turin - IT
Jose Luis del Cura, Donostia-San Sebastián - ES
Teresa Dionisio Rodrigues, Vila Nova de Gaia - PT
Harald Dobnig, Graz - AT
Robert Eisele, Oranienburg - DE
Andrea Frasoldati, Reggio Emilia - IT
Laura Fugazzola, Milan - IT
Edouard Ghanassia, Sète - FR
Estelle Haddad, Nice - FR
Pauline Juttet, Lyon-Villeurbanne - FR
Miriam Ladsous, Lille - FR
Alexandre Lemaître, Sète - FR
Jean-Guillaume Marchand, Paris - FR
Pierre-Yves Marcy, Ollioules - FR
Giovanni Mauri, Milan - IT
Claudia Misso, Naples - IT
Hervé Monpeyssen, Paris - FR
Giuseppe Monti, Rome - IT
A. Muller
Roberto Novizio, Rome - IT
Giampaolo Papi, Carpi, MO - IT
Enrico Papini, Albano Laziale, RM - IT
M. Peria
Sylvain Poirée, Paris - FR
Gilles Russ, Paris - FR
Luca Maria Sconfienza, Milan - IT
Eveline Therese Slotema, Marseille - FR
Luigi Solbiati, Milan - IT
Stefano Spiezia, Naples - IT
Lorena Stavluk
Philippe Vielh, Paris - FR

THURSDAY, 6TH FEBRUARY, 2025

COURSE



Hall 2

PRE-CONGRESS COURSE

Advanced Ultrasound Course

FROM NODULE SELECTION TO INTERVENTIONAL PROCEDURES VIA PERCUTANEOUS ETHANOL INJECTION

Small groups (Participants will be divided into small groups, reproducing the expert approach with dedicated proctors)

Coordinator: Edouard Ghanassia, Sète - FR

Chairpersons: Enrico Papini, Albano Laziale, RM - IT, Luca Maria Sconfienza, Milan - IT

Proctors us: Giovanni Antonelli, Edouard Ghanassia, Estelle Haddad, Miriam Ladsous, Pierre-Yves Marcy, Jean-Guillaume Marchand, Claudia Misso, Hervé Monpeyssen, A. Muller, Sylvain Poirée, Pauline Juttet, Giampaolo Papi, Enrico Papini, Gilles Russ, Lorena Stavluk

08.00-08.30 **Registration**

08.45-09.00 **Introduction to the course and pre-test**
Edouard Ghanassia, Sète - FR, Enrico Papini, Albano Laziale, RM - IT

09.00-10.00 **Revisiting the ultrasound (US) workup for thyroid nodules candidate to MITT (Hands-on)**

- > Echo-anatomy: identification of danger zones, nerves and plexis, vessels, normal parathyroid - Giovanni Antonelli, Naples - IT
- > Lymph nodes - Pierre-Yves Marcy, Ollioules - FR
- > Pitfalls and variants - Stefano Spiezia, Naples - IT

10.00-11.00 **Clinical cases: is this patient eligible for MITT?**
(Clinical vignettes and interactive quiz)

- > Case 1 - Estelle Haddad, Nice - FR
- > Case 2 - Eveline Therese Slotema, Marseille - FR
- > Case 3 - Sylvain Poirée, Paris - FR
- > Case 4 - Giovanni Antonelli, Naples - IT
- > Case 5 - Lorena Stavluk,
- > Case 6 - Enrico Papini, Albano Laziale, RM - IT

11.00-12.30 **PERCUTANEOUS ETHANOL INJECTION**

- > How I do it (video lecture) - Hervé Monpeyssen, Paris - FR
- > HANDS ON (dummies): 10 min. per person

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MITT
2025

EURO
MITT
meeting
2025

Hall Theatre

13.00-13.45 **Registration** to the EURO MITT meeting 2025

13.45-14.00 **WELCOME SESSION**
Chairperson: Edouard Ghanassia, Sète - FR
Welcome in Menton - Nicolas Amoretti, Charles Raffaelli
Introduction Lecture - Jean-Michael Correas, Paris - FR

14.00-16.20 **SESSION 1**
BEFORE the procedure
Chairpersons: Laura Fugazzola, Milan - IT, Edouard Ghanassia, Sète - FR

1.1 Before the procedure: nodule and patient selection - approaching the «zero risk»

14.00-14.10 **The imaging (US & functional) issue**
Jean-Guillaume Marchand, Paris - FR

14.10-14.20 **The cyto-histologic issue: beyond Bethesda**
Philippe Vielh, Paris - FR

14.20-14.30 **The uncertainty issue**
Edouard Ghanassia, Sète - FR

14.30-14.45 *Discussion*

14.45-14.55 **Current indication benign disease**
Enrico Papini, Albano Laziale, RM - IT

14.55-15.05 **Current indication malignant disease**
Giovanni Mauri, Milan - IT

15.05-15.20 *Discussion*

1.2 Before the procedure: the techniques

15.20-15.30 **RFA in 2025**
Teresa Dionisio Rodrigues, Vila Nova de Gaia - PT

15.30-15.40 **Laser in 2025**
Edouard Ghanassia, Sète - FR

15.40-15.50 **MWA in 2025**
Stefano Spiezia, Naples - IT

15.50-16.00 **nsPFA in 2025**
Claudia Misso, Naples - IT

16.00-16.20 *Discussion*

16.20-16.55 **Coffee Break**

Hall Theatre

16.55-19.15 **SESSION 2****DURING the procedure**

Room setting and patient management through clinical cases

Chairpersons: **Giovanni Mauri** - Milan, IT, **Stefano Spiezia**, Naples - IT

16.55-17.15 **Case 1 - Preprocedural workup is NOT an option**
Hervé Monpeyssen, Paris - FR

17.15-17.35 **Case 2 - Anesthesia: from local infiltration and regional nerve block to musicare and hypnosis**
Alexandre Lemaitre, Sète - FR

17.35-17.55 **Case 3 - RFA - how I do it**
Andrea Frasoldati, Reggio Emilia - IT

17.55-18.15 **Case 4 - RFA 2 - how I do it**
Harald Dobnig, Graz - AT

18.15-18.35 **Case 5 - Laser - how I do it**
Giampaolo Papi, Carpi, MO - IT

18.35-18.55 **Case 6 - MWA - how I do it**
Jose Luis del Cura, Donostia-San Sebastián - ES

18.55-19.15 **Case 7 - Large nodules - how i do it**
Giuseppe Monti, Rome - IT

Hall Theatre

08.00-10.00 **SESSION 3****Somewhere BETWEEN procedures and literature**

Chairpersons: **Stella Bernardi**, Trieste - IT, **Luigi Solbiati**, Milan - IT

3.1 Updates

08.00-08.10 **Latest results in BTN: is everything settled?**
Izabella Costa Santos, Rio De Janeiro - BR

08.10-08.20 *Discussion*

08.20-08.30 **Latest results in PTMC: how far are we?**
Enrico Papini, Albano Laziale, RM - IT

08.30-08.40 *Discussion*

08.40-08.50 **Recurrent and metastatic thyroid tumors**
Giovanni Mauri, Milan - IT

08.50-09.00 *Discussion*

3.2 Hot topics

09.00-09.10 **Parathyroid ablation**
Pál Ákos Deák, Budapest - HU

09.10-09.20 *Discussion*

09.20-09.30 **AFTN: when and how?**
Robert Eisele, Oranienburg - DE

09.30-09.40 *Discussion*

09.40-09.50 **The cost balance: MIT vs surgery**
Roberto Novizio, Rome - IT

09.50-10.00 *Discussion*

10.00-10.30 **Coffee Break**

FRIDAY, 7TH FEBRUARY, 2025EURO
MITT
meeting
2025

Hall Theatre

10.30-12.10 SESSION 4

AFTER the procedure

Chairpersons: Teresa Dionisio Rodrigues, Vila Nova de Gaia - PT,
Andrea Frasoldati, Reggio Emilia - IT

4.1 Post-procedure evaluation

10.30-10.40 Clinical and US post-treatment evaluation:
modalities and standardized report
Gilles Russ, Paris - FR

10.40-10.50 Discussion

10.50-11.00 The use of 3D US for post-treatment evaluation
Giampaolo Papi, Carpi, MO - IT

11.00-11.10 Discussion

11.10-11.20 Complications: management of pain, voice changes,
local bleeding and nodular rupture
Pierre-Yves Marcy, Ollioules - FR

11.20-11.30 Discussion

4.2 The universe of relapse, regrowth and retreatment

11.30-11.40 Relapse, regrowth, retreatment: risk factors and prediction
Stella Bernardi, Trieste - IT

11.40-11.50 Discussion

11.50-12.00 Relapse, regrowth, retreatment: practical management - curative
and preventive strategies
Maurilio Deandrea, Turin - IT

12.00-12.10 Discussion

12.10-13.15 Closing the meeting with
our partners and perspectives

12.10-13.00 INDUSTRY FOCUS

13.00-13.15 Presentation of EURO-MITT and perspectives
Edouard Ghanassia, Sète - FR, Giovanni Mauri, Milan - IT

HANDS ON
COURSE

① ② ③

PARALLEL SESSION

Hall 2

Participants will have the opportunity to perform ablation on dedicated
phantoms with different ablation systems on various stations

Proctors

Giovanni Antonelli, Pál Ákos Deák, Maurilio Deandrea, Jose Luis del Cura, Teresa Dionisio Rodrigues,
Andrea Frasoldati, Edouard Ghanassia, Pierre-Yves Marcy, Giovanni Mauri, Claudia Misso,
Hervé Monpeyssen, Giuseppe Monti, A. Muller, Giampaolo Papi, M. Peria, Sylvain Poirée, Gilles Russ,
Eveline Therese Slotema, Stefano Spiezia, Pauline Juttet

COURSE

THURSDAY, 6TH FEBRUARY, 2025

14.00-16.30 HANDS ON COURSE ①

Thermal ablation

20 participants

FRIDAY, 7TH FEBRUARY, 2025

08.00-10.30 HANDS ON COURSE ②

Thermal ablation

20 participants

14.00-17.30 HANDS ON COURSE ③

Thermal ablation

35 participants

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Palais de l'Europe

MEETING VENUE

Palais de l'Europe
8 Av. Boyer
06500 Menton, France

ORGANIZING SECRETARIAT

Arseducandi Srl



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OFFICIAL LANGUAGE

English

REGISTRATION FEES (VAT included)

The Meeting is reserved for n. 200 Participants

Registration to the MEETING	Early registration until December 31 st , 2024	Registration from January 1 st , 2025
NON member	€ 350,00	€ 450,00
MITT member	€ 100,00	€ 200,00
AFTHY and member of Scientific Societies affiliated with the MITT	€ 250,00	€ 350,00
Registration to the COURSE	Early registration until December 31 st , 2024	Registration from January 1 st , 2025
Registration is only possible in combination with meeting registration		
Ultrasound Pre-Course	€ 50,00	€ 50,00
HAND-ON Course on thermal ablation	€ 50,00	€ 50,00

Frame the QRcode to proceed with the request register
or connect to the following link:

