

LOCAL HOST

Giovanni Mauri, Milan - IT
Luca Maria Sconfienza, Milan - IT
Luigi Solbiati, Milan - IT

SCIENTIFIC COMMITTEE

Stella Bernardi, Trieste - IT
Jose Luis Del Cura, Donostia, Gipuzkoa - ES
Edouard Ghanassia, Sete - FR
Mirsyni Gkeli, Athens - GR
Giovanni Mauri, Milan - IT
Hervé Monpeyssen, Paris - FR
Enrico Papini, Albano Laziale, RM - IT

Luca Maria Sconfienza, Milan - IT
Luigi Solbiati, Milan - IT
Harald Dobnig, Graz - AU
Robert Eisele, Oranienburg - DE
Stefano Spiezia, Naples - IT

FACULTY

Camillo Aliberti, Verona - IT
Giovanni Antonelli, Naples - IT
Carmela Asteria, Milan - IT
Stella Bernardi, Trieste - IT
Andrea Casaril, Verona - IT
Izabella Costa Santos, Rio de Janeiro - BR
Claudio Cusini, Milan - IT
Pál Ákos Deák, Budapest - HU
Maurilio Deandrea, Turin - IT
Marco Dell'Acqua, Milan - IT
Teresa Dionisio, Vila Nova de Gaia - PT
Robert Eisele, Oranienburg - DE
Andrea Frasoldati, Reggio Emilia - IT
Laura Fugazzola, Milan - IT
Edouard Ghanassia, Sete - FR
Hossam A. Ghazi, Mansoura - EG
Gioacchino Giugliano, Milan - IT
Myrsini Gkeli, Athens - GR
Jennifer Holkem, Huntsville - USA

Daniele Maiettoni, Milan - IT
Maria Cecilia Mariani, Milan - IT
Giovanni Mauri, Milan - IT
Lorenzo Monfardini, Milan - IT
Hervé Monpeyssen, Paris - FR
Giampaolo Papi, Carpi, MO - IT
Enrico Papini, Albano Laziale, RM - IT
Luca Persani, Milan - IT
Johannes-Paul Richter, Berlin - DE
Gilles Russ, Paris - FR
Monika Sallai, Budapest - HU
Daniela Sansone, Turin IT
Luca Maria Sconfienza, Milan - IT
Eveline Slotema, Marseille - FR
Luigi Solbiati, Milan - IT
Stefano Spiezia, Naples - IT
Fulvio Stacul, Trieste - IT
Gulsah Yildirim, Istanbul - TR

MINIMALLY-INVASIVE TREATMENTS
of the
THYROID
& SAVE YOUR THYROID
COURSE 2024

15-16 FEBRUARY
MILAN

MINIMALLY-INVASIVE TREATMENTS
of the
THYROID
& SAVE YOUR THYROID
COURSE 2024

CONFERENCE VENUE

Congress Center
IRCCS Ospedale Galeazzi - Sant'Ambrogio
Via Cristina Belgioioso 173
20161 Milan, Italy

PROVIDER AND ORGANIZING SECRETARIAT

Arseducandi Srl



Viale Gian Galeazzo, 3 | 20136 Milan, Italy
Tel. +39 02 58189248
info@arseducandi.it
www.arseducandi.it

OFFICIAL LANGUAGE

English

ITALIAN CME CREDITS - ID 317-406306

The Congress has been accredited at the Italian Continuing Medical Education (CME).

Nr. 5,6 credits for Physician: Endocrinology, Oncology, Radiodiagnosis, Internal Medicine, General Surgery, Pathological Anatomy, Otolaryngology, Nuclear Medicine.

EDUCATIONAL OBJECTIVE:

Guidelines, procedures and clinical documentation.

REGISTRATION

The Congress is reserved for n. 200 Participants.
The Hands on courses are reserved for n. 60 Participants.

Supported by unrestricted grant of:

PLATINUM SPONSOR



GOLD SPONSOR



www.termoablazionetiroide.it



International School of SIUMB

MINIMALLY-INVASIVE TREATMENTS
of the
THYROID
& SAVE YOUR THYROID
COURSE 2024

15-16 FEBRUARY
MILAN

Congress Center IRCCS Ospedale Galeazzi - Sant'Ambrogio



Minimally Invasive Thyroid Treatments (MITT) are increasingly applied in the clinical practice all over Europe for the treatment for benign and malignant thyroid diseases.

The MITT group has been founded in 2018 in Italy to promote multidisciplinary partnership among physicians with different expertise who share the interest in MITT and to improve the clinical, diagnostic, and therapeutic management of benign and malignant thyroid and parathyroid glands diseases.

During the 2024 MITT meeting, the present guidelines on both benign and malignant thyroid disease management will be presented, and the most widely used techniques for ablation will be presented by renowned experts in the field. Also, the most updated evidence on the application of MITT in benign thyroid nodules, autonomously functioning thyroid nodules, and malignant tumours will be illustrated.

Furthermore, a series of real-life clinical cases will be presented and discussed between the expert panel and the participants.

During the second day, the organization of a thyroid ablation clinical practice will be discussed, with particular focus on preoperative and postoperative patients' management, possible type of anaesthesia, with the discussion of a video-recorded treatment.

In the end, a series of "hot topics" on minimally invasive treatments of the thyroid will be presented and discussed with the participants, including treatment of parathyroid adenomas, complications of MITT and their management, and the problem of nodule regrowth.

Hands-on workshops will also be available at the end of the meeting for those who will want to try the different available technologies and techniques on dedicated phantoms.

With the Endorsements of:



and with the collaboration of:



Thursday, 15th February, 2024

13.15-13.40 Registration

13.40-14.00 Welcome and introduction

Giovanni Mauri, Milan - IT, Luca M. Sconfienza, Milan - IT, Luigi Solbiati, Milan - IT
Roberto Crugnola - CEO IRCCS Ospedale Galeazzi-Sant'Ambrogio, Milan - IT
Renato Cozzi - President AME, Milan - IT

European guidelines on MITT

Chairpersons: **Hervé Monpeyssen**, Paris - FR, **Luca M. Sconfienza**, Milan - IT

14.00-14.10 Guidelines on benign thyroid nodules - Enrico Papini, Albano Laziale, RM - IT

14.10-14.20 Guidelines on malignant thyroid tumors - Giovanni Mauri, Milan - IT

14.20-14.30 Discussion

Technologies and techniques for MITT

Chairpersons: **Gioacchino Giugliano**, Milan - IT, **Luigi Solbiati**, Milan - IT

14.30-14.40 RFA - Pál Ákos Deák, Budapest - HU

14.40-14.50 Laser - Daniela Sansone, Turin - IT

14.50-15.00 MWA - Stefano Spiezia, Naples - IT

15.00-15.10 Not only moving shot - Camillo Aliberti, Verona - IT; Andrea Casaril, Verona - IT

15.10-15.20 How I make the choice - Edouard Ghanassia, Sete - FR

15.20-15.35 Discussion

Present evidences on results of MITT

Chairpersons: **Edouard Ghanassia**, Sete - FR, **Luca Persani**, Milan - IT

15.35-15.45 Benign thyroid nodules - Fulvio Stacul, Trieste - IT

15.45-15.55 AFTN - Johannes-Paul Richter, Berlin - DE

15.55-16.05 Malignant thyroid tumors - Teresa Dionisio, Vila Nova de Gaia - PT

16.05-16.20 Discussion

16.20-16.50 BREAK

Case based discussion

Chairpersons: **Laura Fugazzola**, Milan - IT, **Myrsini Gkeli**, Athens - GR

16.50-17.10 Case 1 (benign thyroid nodule) - Eveline Slotema, Marseille - FR

17.10-17.30 Case 2 (AFTN) - Marco Dell'Acqua, Milan - IT

17.30-17.50 Case 3 (multinodular goiter) - Gulsah Yildirim, Istanbul - TR

17.50-18.10 Case 4 (PTMC) - Giovanni Antonelli, Naples - IT

18.10-18.30 Case 5 (nodule rupture) - Hervé Monpeyssen, Paris - FR

18.30-18.50 Case 6 (parathyroid adenoma) - Claudio Cusini, Milan - IT

Friday, 16th February, 2024

08.00-08.30 Registration

Organizing a MITT practice

Chairpersons: **Maurilio Deandrea**, Turin - IT, **Hossam A. Ghazi**, Mansoura - EG

08.30-08.40 Preprocedural workup and postoperative management - Lorenzo Monfardini, Milan - IT

08.40-08.50 Discussion

08.50-09.00 How we do it (with video case) - Daniele Maiettini, Milan - IT

09.00-09.10 Discussion

09.10-09.20 Which anaesthesia? - Monika Sallai, Budapest - HU

09.20-09.30 Discussion

Hot topics I

Chairpersons: **Andrea Frasoldati**, Reggio Emilia - IT, **Maria Cecilia Mariani**, Milan - IT

09.30-09.40 Tiny lesions (<5 mL) and big lesions (>30 mL) - Gilles Russ, Paris - FR

09.40-09.50 Discussion

09.50-10.00 US and clinical features to predict treatment response - Izabella Costa Santos, Rio de Janeiro - BR

10.00-10.10 Discussion

10.10-10.20 Complications of MITT - Robert Eisele, Oranienburg - DE

10.20-10.30 Discussion

10.30-10.40 Parathyroid ablation - Luigi Solbiati, Milan - IT

10.40-10.50 Discussion

10.50-11.20 BREAK

Hot topics II

Chairpersons: **Carmela Asteria**, Milan - IT, **Teresa Dionisio**, Vila Nova de Gaia - PT

11.20-11.30 Nodule regrowth - Stella Bernardi, Trieste - IT

11.30-11.40 Discussion

11.40-11.50 The patient perspective - Jennifer Holkem, Huntsville - USA

11.50-12.00 Discussion

12.00-12.10 Economical impact of introduction of MITT - Giampaolo Papi, Carpi (MO) - IT

12.10-12.20 Discussion

12.20-13.05 Conclusions and future perspectives

Edouard Ghanassia, Sete - FR, Giovanni Mauri, Milan - IT

14.00 - 17.30

HANDS ON COURSE

2 Parallel Sessions - Not accredited CME

Participants will have the opportunity to perform ablation on dedicated phantoms with different RFA and MWA ablation systems on 5 different stations